# Warning: The Department of Health advises that eating raw or under-cooked meat, poultry, seafood, shellfish, eggs, or sprouts poses a health risk to everyone, but especially to the elderly, children, pregnant women, and persons with weakened immune systems. The consumption of such food or under-cooked foods may result in an increased risk of foodborne illness. For further information, contact your physician or local Public Health Department.

**All-Natural**: No artificial ingredients. Minimally processed (except Genoa salami and capicola).

## 1. Choose Your Bread
- 9-Grain (Originals: #7 & #13 add 20/40/60 cal)
- Thick-Sliced Wheat (Originals: #7 & #13 add 90 cal)
- Unwisch (Originals: #7 & #13 less 290 cal)

## 2. Choose a Sandwich
**Calories are shown for 8"/16" on French bread**

### Favourites
- **8-INCH ★ 16-INCH**
  - #7 Spicy East Coast Italian
  - #8 Roast Beef, Ham & Provolone
  - #9 Italian Night Club
  - #10 Hunter's Club
  - #11 Country Club
  - #12 Beach Club
  - #13 Jimmy Cubano
  - #14 Bottlelegger Club
  - #15 Tuna Salad, Provolone
  - #16 Turkey & Bacon
  - #17 Ultimate Porker

### Originals
- **8-INCH ★ 16-INCH**
  - #1 The Pepe
  - #2 Big John
  - #3 Totally Tuna
  - #4 Turkey Tom
  - #5 Vito
  - #6 The Veggie

### New Favorites!
- #7 Spicy East Coast Italian
- #13 Jimmy Cubano

### Plain Slims
- **Perfect for kids! No freebies.**
  - #1 Ham & Cheese
  - #2 Roast Beef
  - #3 Tuna Salad
  - #4 Turkey
  - #5 Italian
  - #6 Cheese

### Gargantuan
- **8-INCH ★ 16-INCH**
  - The J.J. Gargantuan

### Add-ons
- 16" add-ons are twice the price
  - Ham 70/140 cal
  - Roast Beef 90/180 cal
  - Turkey 60/120 cal
  - Salami & Capicola 160/320 cal
  - Tuna Salad 240/480 cal
  - Bacon 90/180 cal

### Sides
- NEW KID-SIZE SLIMS®
- Side of Kickin' Ranch® 20/45 cal
- J.J. B.L.T.® Bacon, lettuce, tomato
  - Salami, Capicola, Provolone
- Side of Kickin' Ranch® 20/45 cal

### Sauces & Herbs
- **SODA POP**
  - 22oz SOFT DRINK 0-320 cal
  - 30oz SOFT DRINK 0-440 cal
  - Dasani® Bottled Water 0 cal

### Drinks & Sides
- **JIMMY MUSTARD®** 10/20 cal
  - Salami & Capicola
- **Grey Poupon®** 5/10 cal
  - Tuna Salad
- **Yellow Mustard** 5 cal ea.
  - Mayo 160/320 cal
  - Oil & Vinegar 40/80 cal
  - Oregano-Basil 0/0 cal
- **Sliced Pickles** 0/0 cal
  - Onion 5/15 cal
  - Jimmy Peppers® 0/5 cal
  - Cucumber 0/0 cal
  - Sprouts® 0/5 cal
  - Tomato 10/15 cal
  - Lettuce 5/15 cal

### Add-on Caloric Values
- Additional nutrition information available upon request.