



ALLERGEN INFORMATION

Jimmy John's serves from-scratch food made with excellent ingredients, and we are committed to providing you with the most up-to-date allergen and nutrition information from our suppliers.

Please note that because individual foods may come into contact with each other during preparation of your sandwich, and because of shared utensils and equipment, we cannot guarantee that our food is free from any allergens. If you have any special requests or concerns related to allergies or other dietary restrictions, please inform your cashier when placing your order.

Still have questions? Contact our Customer Service team [here](#).

	Milk	Soy	Wheat	Eggs	Fish/Shellfish	Tree Nuts/ Peanuts	Gluten
French Bread		✓ ¹	✓				✓
Sliced Wheat		✓ ²	✓				✓
Unwich® (Lettuce Wrap)							
Ham							
Turkey							
Roast Beef							
Salami							
Capicola							
Bacon							
Tuna Salad		✓	✓	✓	✓		✓
Provolone Cheese	✓						✓ ⁵
Avocado Spread							
Kickin' Ranch®	✓	✓		✓		◆	
Hellmann's® Mayo		✓		✓			
Jimmy Mustard®							
Grey Poupon®						◆	
Yellow Mustard						◆	
Oil & Vinegar						◆	
Oregano-Basil							
Lettuce, Tomato, Cucumber, Onion							
Jimmy Peppers®						◆	
Pickles							
Cookies – Chocolate Chip & Oatmeal Raisin	✓	✓ ³	✓	✓		◆	✓
Regular Jimmy Chips®						✓ ⁴	
Thinny Chips®						✓ ⁴	
Salt & Vinegar Jimmy Chips®	✓					✓ ⁴	✓
Jalapeño Jimmy Chips®						✓ ⁴	
BBQ Jimmy Chips®						✓ ⁴	✓
Seasoned Chicken*							
Creamy Caesar Dressing*	✓	✓		✓	✓		
Parmesan Cheese*	✓						
Cheddar Cheese*	✓						
Mini Croutons*	✓		✓				
Ranch Seasoning*	✓	✓				◆	
Ranch Dressing*	✓	✓		✓		◆	
Garlic and Herb Wrap*			✓				
Flour Wrap*			✓				

✓ = Contains ◆ = This item is produced in, or may contain ingredients that are produced in, a facility that processes tree nuts and/or peanuts.

1 = Contains hydrogenated soybean oil and soybean oil; may contain trace amounts of soy protein. 2 = Contains soybean oil; may contain trace amounts of soy protein.

3 = Contains <0.5 g soy lecithin per serving. 4 = Cooked in peanut oil. 5 = May contain <20ppm barley gluten.

*Menu items vary by location. Trademarks, logos, and service marks displayed are trademarks of Jimmy John's or of third parties.

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