JIMMY JOHN'S®

ALLERGEN INFORMATION

Jimmy John's serves from-scratch food made with excellent ingredients, and we are committed to providing you with the most up-to-date allergen and nutrition information from our suppliers.

Please note that because individual foods may come into contact with each other during preparation of your sandwich, and because of shared utensils and equipment, we cannot guarantee that our food is free from any allergens. If you have any special requests or concerns related to allergies or other dietary restrictions, please inform your cashier when placing your order.

This guide is updated periodically; we suggest you check back each time you order with us. Still have questions? Contact our Customer Service team here.

Standard Menu Item Ingredients	Milk	Soy	Wheat	Gluten	Eggs	Fish	Shellfish ⚠	Tree Nuts ⚠	Peanuts ⚠	Sesame
French Bread			√	√						
Sliced Wheat			√	√						
Unwich® (Lettuce Wrap)										
Ham										
Turkey										
Roast Beef										
Salami										
Capocollo										
Bacon										
Tuna Salad		√	√	√	√	√				
Provolone Cheese	√									
Avocado Spread										
Hellmann's® Mayo					√					
Yellow Mustard										
Oil & Vinegar										
Oregano-Basil										
Lettuce, Tomato, Cucumber, Onion										

⚠ Jimmy John's – Alliance Kitchen #9600, located at 1425 Ellsworth Industrial Blvd NW, Atlanta, GA 30318, is a shared kitchen and additional allergens, peanut, shellfish, and tree nut allergens are present in this kitchen. Shared kitchen operations involve shared cooking, preparation areas and tools; for that reason the possibility and risk exists for allergen-containing food items to come in contact with other food products.

√ = Contains

Effective 07.22.2024

JIMMY JOHN'S®

ALLERGEN INFORMATION

Standard Menu Item Ingredients (Cont.)	Milk	Soy	Wheat	Gluten	Eggs	Fish	Shellfish ⚠	Tree Nuts ⚠	Peanuts ⚠	Sesame
Jimmy Peppers®										
Pickles										
Chocolate Chip Cookie	√	√	√	√	√					
Oatmeal Raisin Cookie	√	√	√	√	√					
Fudge Chocolate Brownie	√	√	√	√	√					
Regular Jimmy Chips®										
Thinny Chips®										
Salt & Vinegar Jimmy Chips®	√			√						
Jalapeño Jimmy Chips®										
BBQ Jimmy Chips®				√						
Pesto Bowtie Pasta Salad	√		√	√	√					
Homestyle Potato Salad		√			√					
Garlic Herb Tortilla			√	√						
Flour Tortilla			√	√						
Seasoned Chicken										
Caesar Dressing	√	√			√	√				
Shaved Parmesan	√									
Croutons	√		√	√						
Ranch Seasoning	√	√								
Jalapeño Ranch	√				√					
Crispy Jalapeños			√	√						
Red Pepper Flakes										

⚠ Jimmy John's – Alliance Kitchen #9600, located at 1425 Ellsworth Industrial Blvd NW, Atlanta, GA 30318, is a shared kitchen and additional allergens, peanut, shellfish, and tree nut allergens are present in this kitchen. Shared kitchen operations involve shared cooking, preparation areas and tools; for that reason the possibility and risk exists for allergen-containing food items to come in contact with other food products.

√ = Contains

Effective 07.22.2024

JIMMY JOHN'S®

ALLERGEN INFORMATION

Limited Time Offer Ingredients and Items - *Available at participating locations for a limited time.	Milk	Soy	Wheat	Gluten	Eggs	Fish	Shellfish ⚠	Tree Nuts ⚠	Peanuts ⚠	Sesame
Meatballs*	√	√	√	√						
Marinara Sauce*										
Mozzarella Cheese, Sliced*	√									
Sliced Cheddar Cheese*	√									
Horseradish Sauce*		√			√					
Crispy Fried Onions*			√	√						
Crispy Seasoned Tortilla Strips*										
Ranch*	√				√					
Minute Maid Premium Lemonade Classic Style*										
Minute Maid Premium Strawberry Lemonade*										
Garlic Aioli*					√					
Spinach Tortilla*			√	√						
Olive Tapenade*										
Feta Cheese*	√									
Red Pepper Hummus*		√								√
Mike's Hot Honey Sauce*										
Hot Honey Buffalo Sauce*										
Buffalo Wild Wings Parmesan Garlic Sauce*	√				√					
Buffalo Wild Wings Medium Buffalo Sauce*					√					
Buffalo Wild Wings Asian Zing Sauce*		√	√	√						

Breakfast Menu Item Ingredients – *Available at participating locations only.	Milk	Soy	Wheat	Gluten	Eggs	Fish	Shellfish ⚠	Tree Nuts ⚠	Peanuts ⚠	Sesame
Egg Patty*	√				√					
Black Pepper*										

⚠ Jimmy John's – Alliance Kitchen #9600, located at 1425 Ellsworth Industrial Blvd NW, Atlanta, GA 30318, is a shared kitchen and additional allergens, peanut, shellfish, and tree nut allergens are present in this kitchen. Shared kitchen operations involve shared cooking, preparation areas and tools; for that reason the possibility and risk exists for allergen-containing food items to come in contact with other food products.

√ = Contains

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - LITTLE JOHNS											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Little John 1	300	140	15	4	0	35	770	25	2	2	15
Little John 2	250	100	11	2	0	30	560	24	2	1	13
Little John 3	250	100	11	1.5	0	15	590	26	3	2	10
Little John 4	240	90	10	1.5	0	25	580	24	2	1	12
Little John 5	290	120	13	5	0	40	900	26	2	2	16
Little John 6	340	180	20	7	0	30	580	25	3	1	13
Little John BLT	300	160	16	4.5	0	25	680	24	2	1	12

SANDWICHES - 8" FRENCH											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	540	120	13	6	0	50	1610	69	4	1	33
SLIM 2	440	45	5	1	0	45	1200	66	4	0	30
SLIM 3	600	210	23	3	0	30	1410	70	5	2	24
SLIM 4	420	30	3	0	0	30	1250	68	4	0	27
SLIM 5	630	210	23	10	0	85	1980	69	4	1	35
SLIM 6	590	190	21	11	0	45	1180	68	4	0	30
THE PEPE®	600	260	29	9	0	70	1570	50	4	4	29
BIG JOHN®	500	190	21	3.5	0	60	1110	47	4	2	26
TOTALLY TUNA®	510	200	22	3	0	40	1160	51	5	4	21
TURKEY TOM®	480	170	19	2.5	0	50	1160	48	4	2	23
VITO®	570	240	26	11	0	85	1850	52	5	4	32
THE VEGGIE	670	340	38	14	0.5	60	1260	50	5	3	27
J.J.B.L.T.®	590	300	32	8	0	45	1340	47	4	2	24
SPICY EAST COAST ITALIAN	850	450	49	17	0	155	3020	53	5	5	46
BILLY CLUB®	810	290	32	10	0	110	2360	73	6	4	50
ITALIAN NIGHT CLUB®	930	420	46	14	0	130	2850	77	6	5	48
HUNTER'S CLUB®	830	300	34	10	0	130	2080	70	6	2	55
COUNTRY CLUB®	780	270	30	9	0	100	2350	74	6	4	48

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - 8" FRENCH (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
BEACH CLUB®	850	360	39	14	0.5	95	2050	75	7	3	45
JIMMY CUBANO®	710	350	38	13	0	90	2630	48	4	2	38
BOOTLEGGER CLUB®	680	200	23	3.5	0	90	1890	71	6	2	44
CLUB TUNA®	860	360	40	14	0.5	85	1980	76	7	4	42
CLUB LULU®	690	250	26	5	0	65	1760	71	6	2	35
ULTIMATE PORKER®	690	260	28	6	0	60	1890	72	6	3	33
THE J.J. GARGANTUAN®	1080	450	49	15	0	205	3930	78	6	5	78
CHICKEN CAESAR	930	440	49	10	0	95	2330	75	5	4	38
JALAPEÑO RANCH CHICKEN	850	390	44	11	0	95	1810	68	6	5	40
TUSCAN ITALIAN	840	410	45	13	0	130	2760	62	5	5	45

SANDWICHES - 16" FRENCH											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	1080	240	27	12	0	105	3220	139	9	2	66
SLIM 2	880	90	11	2.5	0	90	2390	133	9	0	59
SLIM 3	1200	410	45	6	0	60	2820	141	11	3	49
SLIM 4	830	60	6	0	0	60	2490	135	9	0	54
SLIM 5	1260	420	45	20	0	165	3960	138	9	2	71
SLIM 6	1180	370	42	21	0	95	2360	135	9	0	60
THE PEPE®	1190	520	57	17	0.5	135	3150	100	8	7	59
BIG JOHN®	1000	380	42	7	0	120	2220	94	8	4	52
TOTALLY TUNA®	1020	390	44	6	0	75	2320	103	10	8	41
TURKEY TOM®	950	340	37	5	0	95	2320	96	8	4	47
VITO®	1150	480	52	22	0.5	165	3700	103	19	9	64
THE VEGGIE	1340	680	74	28	1.5	125	2530	101	10	6	54
J.J.B.L.T.®	1190	610	64	17	0	95	2680	94	8	4	47
SPICY EAST COAST ITALIAN	1700	900	98	34	0	310	6040	107	10	11	91
BILLY CLUB®	1610	590	65	20	0.5	225	4730	146	11	7	101
ITALIAN NIGHT CLUB®	1860	840	91	27	0	255	5700	153	12	10	96

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - 16" FRENCH (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
HUNTER'S CLUB®	1650	610	69	21	0	255	4150	141	11	4	110
COUNTRY CLUB®	1560	550	60	17	0.5	200	4710	148	11	7	96
BEACH CLUB®	1710	710	78	28	1.5	185	4090	149	13	6	91
JIMMY CUBANO®	1410	700	75	25	0.5	175	5250	95	8	3	76
BOOTLEGGER CLUB®	1370	410	45	7	0	185	3780	142	11	4	88
CLUB TUNA®	1730	730	80	29	1.5	170	3970	151	13	9	84
CLUB LULU®	1370	500	53	11	0	125	3520	142	11	4	70
ULTIMATE PORKER®	1390	520	55	12	0	120	3770	144	11	7	65
THE J.J. GARGANTUAN®	2160	890	98	30	.5	405	7850	156	13	11	156
CHICKEN CAESAR	1790	880	98	20	0	185	4660	150	9	8	76
JALAPEÑO RANCH CHICKEN	1700	790	87	22	0.5	190	3630	137	11	10	81
TUSCAN ITALIAN	1690	820	90	27	0	260	5520	123	10	10	89

SANDWICHES - UNWICH®											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	190	100	11	6	0	50	900	4	0	2	20
SLIM 2	90	25	3	1.5	0	45	490	<1	0	<1	17
SLIM 3	250	180	20	3	0	30	700	5	1	2	11
SLIM 4	70	5	0.5	0	0	30	540	2	0	<1	14
SLIM 5	280	190	20	10	0	85	1270	3	0	2	22
SLIM 6	240	170	19	11	0	45	470	2	0	<1	17
THE PEPE®	370	250	27	9	0	70	1110	7	2	4	21
BIG JOHN®	270	170	20	3.5	0	60	650	4	2	3	17
TOTALLY TUNA®	280	180	20	3	0	40	700	9	3	5	12
TURKEY TOM®	250	160	17	2.5	0	50	700	5	2	3	15
VITO®	350	230	25	11	0	85	1380	9	2	5	24
THE VEGGIE	440	330	36	14	0.5	60	800	8	3	3	19
J.J.B.L.T. ®	360	290	31	8	0	45	880	4	2	3	15
SPICY EAST COAST ITALIAN	620	440	48	17	0	155	2550	11	2	6	37

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - UNWICH® (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
BILLY CLUB®	460	270	30	10	0	110	1660	7	2	4	37
ITALIAN NIGHT CLUB®	580	400	44	14	0	130	2140	11	2	6	35
HUNTER'S CLUB®	480	280	32	10	0	130	1370	5	2	3	42
COUNTRY CLUB®	430	260	28	8	0	100	1590	8	2	4	35
BEACH CLUB®	500	330	37	14	0.5	95	1340	9	3	3	32
JIMMY CUBANO®	480	340	36	13	0	90	2160	5	1	2	30
BOOTLEGGER CLUB®	330	180	20	3.5	0	90	1180	5	2	3	31
CLUB TUNA®	510	340	38	14	0.5	85	1280	10	3	5	29
CLUB LULU®	340	230	24	5	0	65	1060	5	2	3	22
ULTIMATE PORKER®	340	240	25	6	0	60	1180	6	2	4	20
THE J.J. GARGANTUAN®	730	420	47	15	0	205	3220	12	2	6	65
CHICKEN CAESAR	620	420	47	10	0	95	1780	24	2	4	28
JALAPEÑO RANCH CHICKEN	580	380	42	11	0	95	1260	17	3	6	30
TUSCAN ITALIAN	570	400	43	13	0	130	2210	11	2	5	35

SANDWICHES - SLICED WHEAT											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	470	140	16	6	0	50	1390	50	5	6	32
SLIM 2	370	70	8	1.5	0	45	930	47	5	5	28
SLIM 3	530	230	25	3	0	30	1140	51	6	7	23
SLIM 4	350	50	6	0	0	30	980	49	5	5	26
SLIM 5	560	220	25	11	0	85	1760	50	5	6	34
SLIM 6	520	200	23	11	0	45	1020	49	5	5	29
THE PEPE®	650	290	32	9	0	70	1550	54	6	9	33
BIG JOHN®	550	220	25	3.5	0	60	1080	51	6	7	29
TOTALLY TUNA®	570	230	25	3	0	40	1140	55	7	9	24
TURKEY TOM®	530	200	22	2.5	0	50	1130	52	6	7	26
VITO®	630	270	30	11	0	85	1820	55	7	9	35
THE VEGGIE	720	370	41	14	0.5	60	1240	54	7	8	30

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - SLICED WHEAT (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
J.J.B.L.T.®	650	330	36	8	0	45	1310	51	6	7	27
SPICY EAST COAST ITALIAN	880	430	47	17	0	155	3000	62	10	11	50
BILLY CLUB®	740	310	35	10	0	110	2090	54	6	9	49
ITALIAN NIGHT CLUB®	840	390	43	14	0	130	2580	62	10	11	47
HUNTER'S CLUB®	760	320	37	11	0	125	1860	51	6	7	54
COUNTRY CLUB®	710	290	33	9	0	100	2080	55	6	9	46
BEACH CLUB®	790	380	42	14	0.5	95	1780	55	7	8	44
JIMMY CUBANO®	760	380	41	13	0	90	2600	51	6	7	41
BOOTLEGGER CLUB®	620	220	25	3.5	0	90	1620	52	6	7	43
CLUB TUNA®	800	380	43	14	0.5	85	1710	56	7	9	41
CLUB LULU®	620	270	29	5	0	65	1490	52	6	7	33
ULTIMATE PORKER®	630	280	30	6	0	60	1620	53	6	8	31
THE J.J. GARGANTUAN®	1010	470	52	15	0	205	3660	59	7	11	77
CHICKEN CAESAR	910	470	52	10	0	95	2220	71	6	9	39
JALAPEÑO RANCH CHICKEN	860	420	47	11	0	95	1700	64	7	10	42
TUSCAN ITALIAN	850	440	48	13	0	130	2650	57	7	10	46

SANDWICHES - GARLIC HERB WRAP											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	490	180	19	9	0	50	1780	55	2	3	27
SLIM 2	400	110	12	4	0	45	1320	52	2	2	23
SLIM 3	550	270	29	6	0	30	1530	56	3	4	18
SLIM 4	370	90	10	2.5	0	30	1370	53	2	2	21
SLIM 5	590	260	29	13	0	85	2150	54	2	3	29
SLIM 6	540	240	27	14	0.5	45	1410	53	2	2	24
THE PEPE®	670	330	36	11	0	70	1940	58	3	6	28
BIG JOHN®	580	260	29	6	0	60	1470	55	3	4	24
TOTALLY TUNA®	570	270	30	6	0	30	1540	60	4	6	19
TURKEY TOM®	550	240	26	5	0	50	1520	57	3	4	22

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - GARLIC HERB WRAP (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
VITO®	650	310	34	13	0	85	2210	60	4	6	30
THE VEGGIE	750	410	45	17	0.5	60	1630	59	4	5	25
J.J.B.L.T. ®	670	370	40	11	0	45	1710	55	3	4	22
SPICY EAST COAST ITALIAN	930	510	56	20	0	155	3430	62	4	7	44
BILLY CLUB®	760	350	39	12	0	110	2480	58	3	6	44
ITALIAN NIGHT CLUB®	880	470	52	16	0	130	3020	62	4	7	42
HUNTER'S CLUB®	780	360	41	13	0	125	2250	56	3	4	49
COUNTRY CLUB®	740	330	37	11	0	100	2470	60	3	6	41
BEACH CLUB®	810	410	46	17	0.5	95	2170	60	4	5	39
JIMMY CUBANO®	780	420	45	15	0	90	2990	56	3	4	36
BOOTLEGGER CLUB®	640	260	29	6	0	90	2010	57	3	4	38
CLUB TUNA®	850	370	40	14	0.5	75	1990	76	7	4	42
CLUB LULU®	640	310	33	8	0	65	1880	57	3	4	29
ULTIMATE PORKER®	650	320	34	9	0	60	2010	58	3	5	26
THE J.J. GARGANTUAN®	1030	500	56	18	0	205	4050	63	4	7	72
CHICKEN CAESAR	930	510	56	13	0	95	2610	75	3	6	35
JALAPEÑO RANCH CHICKEN	880	460	51	14	0	95	2090	69	4	7	37
TUSCAN ITALIAN	880	480	52	16	0	130	3040	62	4	7	41

SANDWICHES - FLOUR WRAP											
FLOUR WRAP	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SLIM 1	470	170	18	10	0	50	1520	51	2	2	28
SLIM 2	380	100	11	5	0	45	1060	48	2	1	24
SLIM 3	530	260	28	7	0	30	1270	52	3	3	19
SLIM 4	350	80	9	4	0	30	1110	49	2	1	22
SLIM 5	570	250	28	15	0	85	1890	50	2	2	30
SLIM 6	520	230	26	15	0.5	45	1150	49	2	1	25
THE PEPE®	650	320	35	13	0	70	1680	54	3	5	29
BIG JOHN®	560	250	28	8	0	60	1210	51	3	3	25

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

SANDWICHES - FLOUR WRAP (CONT.)											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
TOTALLY TUNA®	550	260	29	7	0	30	1280	56	4	5	20
TURKEY TOM®	530	230	25	6	0	50	1260	53	3	3	23
VITO®	630	300	33	15	0	85	1950	56	4	5	31
THE VEGGIE	730	400	44	18	0.5	60	1370	55	4	4	26
J.J.B.L.T.®	650	360	39	12	0	45	1450	51	3	3	23
SPICY EAST COAST ITALIAN	910	510	55	21	0	155	3170	58	4	6	45
BILLY CLUB®	740	340	38	14	0	110	2220	54	3	5	45
ITALIAN NIGHT CLUB®	860	460	51	18	0	130	2760	58	4	6	43
HUNTER'S CLUB®	760	350	40	15	0	125	1990	52	3	3	50
COUNTRY CLUB®	720	320	36	13	0	100	2210	56	3	5	42
BEACH CLUB®	790	410	45	18	0.5	95	1910	56	4	4	40
JIMMY CUBANO®	760	410	44	17	0	90	2730	52	3	3	37
BOOTLEGGER CLUB®	620	250	28	8	0	90	1750	53	3	3	39
CLUB TUNA®	780	420	46	18	0.5	75	1850	57	4	5	37
CLUB LULU®	620	300	32	9	0	65	1620	53	3	3	30
ULTIMATE PORKER®	630	310	33	10	0	60	1750	54	3	4	27
THE J.J. GARGANTUAN®	1010	500	55	19	0	205	3790	59	4	6	73
CHICKEN CAESAR	910	500	55	14	0	95	2350	71	3	5	36
JALAPEÑO RANCH CHICKEN	860	450	50	15	0	95	1830	65	4	6	38
TUSCAN ITALIAN	860	470	51	17	0	130	2780	58	4	6	42

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

DESSERTS & SIDES											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chocolate Chip Cookie	410	170	19	12	0	50	290	56	<1	32	5
Oatmeal Raisin Cookie	370	120	13	8	0	50	390	57	3	31	6
Fudge Chocolate Brownie	350	170	19	6	0	70	135	46	2	33	4
Regular Jimmy Chips®	300	160	18	3	0	0	180	33	2	3	3
BBQ Jimmy Chips®	290	140	16	3	0	0	230	34	2	5	3
Jalapeño Jimmy Chips®	290	150	17	3	0	0	320	33	2	3	3
Salt & Vinegar Jimmy Chips®	290	150	17	3	0	0	360	33	2	3	3
Thinny Chips®	260	100	11	2	0	0	190	39	3	3	4
Jumbo Kosher Dill Pickle	20	0	0	0	0	0	1710	3	2	1	1
Side Of Avocado Spread	70	60	6	0.5	0	0	200	4	3	0	1
Side Of Jalapeño Ranch	150	140	15	2.5	0	15	380	2	0	2	2
Pesto Bowtie Pasta Salad	280	150	16	3	0	20	520	26	2	2	6
Homestyle Potato Salad	220	130	14	3	0	150	650	17	1	7	6

BREAD / UNWICH® / WRAPS											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
8" French TBO	230	15	1.5	0	0	0	470	44	3	0	9
16" French TBO	470	30	2	0	0	0	930	87	6	0	17
8" French LBI	350	20	2	0	0	0	710	66	4	0	13
16" French LBI	710	45	4.5	0	0	0	1420	133	9	0	27
Thick-Sliced Wheat	290	40	5	0	0	0	440	47	5	5	12
Unwich® (Lettuce Wrap)	0	0	0	0	0	0	0	< 1	0	< 1	0
Little John French TBO (Standard)	120	5	0.5	0	0	0	240	22	1	0	4
Little John French LBI (By Request)	200	10	1	0	0	0	390	37	2	0	7
Flour Wrap	290	50	6	3	0	0	670	50	2	0	7
Garlic & Herb Wrap	300	80	9	2.5	0	0	800	47	1	3	9

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FOUNTAIN DRINKS - 22 OZ											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Coca-Cola	280	0	0	0	0	0	70	73	0	73	0
Diet Coke	0	0	0	0	0	0	90	1	0	0	0
Sprite	260	0	0	0	0	0	125	67	0	67	0
Dr Pepper	280	0	0	0	0	0	95	74	0	74	0
Barq's Red Creme Soda	320	0	0	0	0	0	125	82	0	82	0
Barq's Root Beer	310	0	0	0	0	0	95	80	0	80	0
Caffeine Free Diet Coke	0	0	0	0	0	0	90	0	0	0	0
Cherry Coca-Cola	290	0	0	0	0	0	75	77	0	77	0
Coca-Cola Zero Sugar	0	0	0	0	0	0	75	0	0	0	0
Diet Dr Pepper	0	0	0	0	0	0	95	0	0	0	0
Fanta Cherry	220	0	0	0	0	0	95	57	0	57	0
Fanta Grape	280	0	0	0	0	0	95	72	0	72	0
Fanta Orange	280	0	0	0	0	0	75	74	0	73	0
Fanta Strawberry	300	0	0	0	0	0	150	79	0	78	0
Fuze Raspberry Tea	160	0	0	0	0	0	90	41	0	41	0
Fuze Sweet Tea	160	0	0	0	0	0	95	41	0	41	0
Fuze Unsweet Tea	0	0	0	0	0	0	90	0	0	0	0
Glaceau vitaminwater xxx	140	0	0	0	0	0	70	34	0	34	0
Hi-C Flashin Fruit Punch	280	0	0	0	0	0	135	78	0	76	0
Hi-C Poppin' Pink Lemonade	260	0	0	0	0	0	180	65	0	65	0
Lipton Iced Tea (Sweet)	270	0	0	0	0	0	15	60	0	60	0
Lipton Iced Tea (Unsweetened)	0	0	0	0	0	0	15	0	0	0	0
Mello Yello	300	0	0	0	0	0	95	80	0	80	0
Minute Maid Lemonade	270	0	0	0	0	0	180	69	0	69	0
Minute Maid Light Lemonade	10	0	0	0	0	0	80	4	0	0	0
Pibb Xtra	270	0	0	0	0	0	100	69	0	69	0
Powerade Fruit Punch	160	0	0	0	0	0	210	39	0	39	0
Powerade Mountain Berry Blast	160	0	0	0	0	0	210	40	0	40	0
Sprite Zero	5	0	0	0	0	0	80	0	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FOUNTAIN DRINKS – 30/32 OZ																						
	Calories		Calories from Fat		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Carbohydrates (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
Coca-Cola	380	410	0	0	0	0	0	0	0	0	0	0	95	100	100	107	0	0	100	107	0	0
Diet Coke	0	0	0	0	0	0	0	0	0	0	0	0	125	130	1	1	0	0	0	0	0	0
Sprite	350	380	0	0	0	0	0	0	0	0	0	0	170	180	91	97	0	0	91	97	0	0
Dr Pepper	380	410	0	0	0	0	0	0	0	0	0	0	130	140	101	108	0	0	101	108	0	0
Barq's Red Crème Soda	440	460	0	0	0	0	0	0	0	0	0	0	170	180	112	119	0	0	112	119	0	0
Barq's Root Beer	420	440	0	0	0	0	0	0	0	0	0	0	135	140	109	116	0	0	109	116	0	0
Caffeine Free Diet Coke	0	0	0	0	0	0	0	0	0	0	0	0	120	130	0	1	0	0	0	0	0	0
Cherry Coca-Cola	400	430	0	0	0	0	0	0	0	0	0	0	105	110	105	112	0	0	105	112	0	0
Coca-Cola Zero Sugar	0	0	0	0	0	0	0	0	0	0	0	0	100	105	0	0	0	0	0	0	0	0
Diet Dr Pepper	0	0	0	0	0	0	0	0	0	0	0	0	130	140	0	0	0	0	0	0	0	0
Fanta Cherry	300	320	0	0	0	0	0	0	0	0	0	0	125	135	77	82	0	0	77	82	0	0
Fanta Grape	380	410	0	0	0	0	0	0	0	0	0	0	130	140	98	104	0	0	98	104	0	0
Fanta Orange	380	410	0	0	0	0	0	0	0	0	0	0	100	105	101	108	0	0	99	106	0	0
Fanta Strawberry	410	440	0	0	0	0	0	0	0	0	0	0	210	220	107	115	0	0	106	113	0	0
Fuze Raspberry Tea	220	230	0	0	0	0	0	0	0	0	0	0	125	135	56	59	0	0	55	59	0	0
Fuze Sweet Tea	220	230	0	0	0	0	0	0	0	0	0	0	130	140	56	60	0	0	55	59	0	0
Fuze Unsweet Tea	5	5	0	0	0	0	0	0	0	0	0	0	125	135	0	1	0	0	0	0	0	0
Glaceau vitaminwater xxx	180	200	0	0	0	0	0	0	0	0	0	0	100	105	47	50	0	0	46	49	0	0
Hi-C Flashin Fruit Punch	390	410	0	0	0	0	0	0	0	0	0	0	180	200	106	113	0	0	103	110	0	0
Hi-C Poppin' Pink Lemonade	350	370	0	0	0	0	0	0	0	0	0	0	250	260	88	94	0	0	88	94	0	0
Lipton Iced Tea (Sweet)	370	400	0	0	0	0	0	0	0	0	0	0	20	20	94	100	0	0	94	100	0	0
Lipton Iced Tea (Unsweetened)	0	0	0	0	0	0	0	0	0	0	0	0	20	20	0	0	0	0	0	0	0	0
Mello Yello	410	440	0	0	0	0	0	0	0	0	0	0	125	135	109	116	0	0	109	116	0	0
Minute Maid Lemonade	370	400	0	0	0	0	0	0	0	0	0	0	250	260	94	100	0	0	94	100	0	0
Minute Maid Light Lemonade	15	15	0	0	0	0	0	0	0	0	0	0	105	115	5	5	0	0	0	0	0	0
Pibb Xtra	360	390	0	0	0	0	0	0	0	0	0	0	135	140	95	101	0	0	95	101	0	0
Powerade Fruit Punch	210	230	0	0	0	0	0	0	0	0	0	0	290	310	53	57	0	0	53	57	0	0
Powerade Mountain Berry Blast	220	230	0	0	0	0	0	0	0	0	0	0	280	300	55	58	0	0	55	58	0	0
Sprite Zero	10	10	0	0	0	0	0	0	0	0	0	0	110	120	0	0	0	0	0	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

BOTTLED DRINKS											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Dasani®	0	0	0	0	0	0	0	0	0	0	0
Coke® (20 oz)	240	0	0	0	0	0	75	65	0	65	0
Diet Coke® (20 oz)	0	0	0	0	0	0	70	0	0	0	0
Sprite® (20 oz)	230	0	0	0	0	0	110	64	0	64	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

ADD-ONS - LITTLE JOHNS												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham	EZ	15	0	0	0	0	5	170	< 1	0	0	3
	REG	35	10	1	0	0	15	330	1	0	< 1	6
	XTRA	70	15	1.5	0.5	0	30	660	2	0	1	11
Roast Beef	EZ	20	5	1	0	0	10	120	0	0	0	4
	REG	45	15	1.5	0.5	0	20	240	0	0	0	8
	XTRA	90	25	3	1.5	0	45	490	0	0	0	16
Turkey	EZ	15	0	0	0	0	10	135	0	0	0	3
	REG	30	0	0	0	0	15	270	< 1	0	0	7
	XTRA	60	5	0.5	0	0	30	540	1	0	0	14
Salami & Capocollo	EZ	40	25	2.5	1	0	15	260	0	0	0	3
	REG	80	50	5	2.5	0	30	520	< 1	0	< 1	7
	XTRA	160	100	11	5	0	60	1030	2	0	1	14
Salami	EZ	25	15	1.5	1	0	10	170	0	0	0	2
	REG	50	30	3.5	1.5	0	20	340	< 1	0	0	4
	XTRA	100	60	7	3.5	0	40	690	1	0	< 1	8
Capocollo	EZ	15	10	1	0	0	< 5	85	0	0	0	1
	REG	30	20	2	0.5	0	10	170	0	0	0	3
	XTRA	60	40	4	1.5	0	20	350	< 1	0	< 1	6
Tuna Salad	EZ	70	45	5	.5	0	10	170	< 1	0	0	3
	REG	130	90	10	1.5	0	20	340	2	0	< 1	5
	XTRA	260	180	20	3	0	40	690	4	< 1	2	11
Bacon	EZ	60	45	4.5	2	0	10	240	0	0	0	5
	REG	90	70	7	3	0	15	360	0	0	0	7
	XTRA	180	140	14	6	0	30	720	0	0	0	14
All-Natural Chicken	EZ	30	10	1	0	0	15	140	0	0	0	5
	REG	60	15	2	1	0	25	290	< 1	0	0	9
	XTRA	110	35	3.5	1.5	0	50	580	1	0	0	18
Provolone Cheese	EZ	30	20	2.5	1.5	0	5	60	0	0	0	2
	REG	60	40	4.5	2.5	0	10	120	0	0	0	4
	XTRA	120	80	9	5	0	25	240	< 1	0	0	8
Shaved Parmesan	EZ	15	10	1	0.5	0	< 5	35	0	0	0	1
	REG	30	20	2	1.5	0	5	65	0	0	0	2
	XTRA	60	35	4	2.5	0	15	130	< 1	< 1	0	5
Avocado Spread	EZ	5	0	0	0	0	0	15	0	0	0	0
	REG	10	10	1	0	0	0	35	< 1	0	0	0
	XTRA	20	20	2	0	0	0	65	2	< 1	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

ADD-ONS - 8" FRENCH / UNWICH® / SLICED WHEAT / WRAPS												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham	EZ	35	10	1	0	0	15	330	1	0	< 1	6
	REG	70	15	1.5	0.5	0	30	660	2	0	1	11
	XTRA	140	35	3.5	1	0	55	1330	5	0	2	23
Roast Beef	EZ	45	15	1.5	0.5	0	20	240	0	0	0	8
	REG	90	25	3	1.5	0	45	490	0	0	0	16
	XTRA	180	50	6	2.5	0	90	980	0	0	0	33
Turkey	EZ	30	0	0	0	0	15	270	< 1	0	0	7
	REG	60	5	0.5	0	0	30	540	1	0	0	14
	XTRA	120	10	1	0	0	60	1070	2	0	0	27
Salami & Capocollo	EZ	80	50	5	2.5	0	30	520	< 1	0	< 1	7
	REG	160	100	11	5	0	60	1030	2	0	1	14
	XTRA	320	210	22	10	0	120	2070	3	0	2	27
Salami	EZ	50	30	3.5	1.5	0	20	340	< 1	0	0	4
	REG	100	60	7	3.5	0	40	690	1	0	< 1	8
	XTRA	190	130	14	7	0	80	1370	2	0	1	16
Capocollo	EZ	30	20	2	0.5	0	10	170	0	0	0	3
	REG	60	40	4	1.5	0	20	350	< 1	0	< 1	6
	XTRA	130	80	8	3	0	40	700	1	0	1	11
Tuna Salad	EZ	130	90	10	1.5	0	20	340	2	0	< 1	5
	REG	260	180	20	3	0	40	690	4	< 1	2	11
	XTRA	520	360	40	6	0	75	1380	8	2	3	22
Bacon	EZ	60	45	4.5	2	0	10	240	0	0	0	5
	REG	90	70	7	3	0	15	360	0	0	0	7
	XTRA	180	140	14	6	0	30	720	0	0	0	14
All-Natural Chicken	EZ	60	15	2	1	0	25	290	<1	0	0	9
	REG	110	35	3.5	1.5	0	50	580	1	0	0	18
	XTRA	220	70	7	3.5	0	100	1150	2	0	0	37
Provolone Cheese	EZ	60	40	4.5	2.5	0	10	120	0	0	0	4
	REG	120	80	9	5	0	25	240	< 1	0	0	8
	XTRA	240	160	19	11	0	45	470	1	0	0	16
Shaved Parmesan	EZ	30	20	2	1.5	0	5	65	0	0	0	2
	REG	60	35	4	2.5	0	15	130	<1	<1	0	5
	XTRA	110	70	8	5	0	25	260	1	1	0	9
Avocado Spread	EZ	10	10	1	0	0	0	35	< 1	0	0	0
	REG	25	20	2	0	0	0	65	2	1	0	0
	XTRA	45	40	4	0.5	0	0	130	3	2	0	<1

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

ADD-ONS - 16" FRENCH												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham	EZ	70	15	1.5	0.5	0	30	660	2	0	1	11
	REG	140	35	3.5	1	0	55	1330	5	0	2	23
	XTRA	270	70	7	2.5	0	115	2650	9	0	5	46
Roast Beef	EZ	90	25	3	1.5	0	45	490	0	0	0	16
	REG	180	50	6	2.5	0	90	980	0	0	0	33
	XTRA	350	100	13	5	0	175	1950	0	0	0	65
Turkey	EZ	80	10	1	0	0	40	710	2	0	0	18
	REG	130	15	1.5	0	0	65	1080	3	0	0	28
	XTRA	250	25	2.5	0	0	125	2150	5	0	0	55
Salami & Capocollo	EZ	160	100	11	5	0	60	1030	2	0	1	14
	REG	320	210	22	10	0	120	2070	3	0	2	27
	XTRA	640	410	43	19	0	240	4140	7	0	5	55
Salami	EZ	100	60	7	3.5	0	40	690	1	0	< 1	8
	REG	190	130	14	7	0	80	1370	2	0	1	16
	XTRA	390	250	27	14	0	160	2740	5	0	2	32
Capocollo	EZ	60	40	4	1.5	0	20	350	< 1	0	< 1	6
	REG	130	80	8	3	0	40	700	1	0	1	11
	XTRA	250	160	16	6	0	80	1390	2	0	2	23
Tuna Salad	EZ	260	180	20	3	0	40	690	4	< 1	2	11
	REG	520	360	40	6	0	75	1380	8	2	3	22
	XTRA	1040	730	80	12	0	155	2750	15	4	6	43
Bacon	EZ	120	90	9	4	0	20	480	0	0	0	9
	REG	180	140	14	6	0	30	720	0	0	0	14
	XTRA	360	280	28	12	0	60	1440	0	0	0	28
All-Natural Chicken	EZ	110	35	3.5	1.5	0	50	580	1	0	0	18
	REG	220	70	7	3.5	0	100	1150	2	0	0	37
	XTRA	440	130	15	7	0	200	2310	4	0	< 1	73
Provolone Cheese	EZ	120	80	9	6	0	25	290	< 1	0	0	8
	REG	230	160	18	11	0.5	45	580	1	0	0	17
	XTRA	460	320	35	23	1.5	90	1160	3	0	<1	34
Shaved Parmesan	EZ	60	35	4	2.5	0	15	130	< 1	< 1	0	5
	REG	110	70	8	5	0	25	260	1	1	0	9
	XTRA	220	150	16	10	0	50	530	2	2	0	18
Avocado Spread	EZ	20	20	2	0	0	0	65	2	< 1	0	0
	REG	45	40	4	0	0	0	130	3	2	0	< 1
	XTRA	90	80	8	1	0	0	260	6	4	0	2

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - LITTLE JOHNS												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Yellow Mustard	EZ	0	0	0	0	0	0	15	0	0	0	0
	REG	0	0	0	0	0	0	30	0	0	0	0
	XTRA	0	0	0	0	0	0	60	0	0	0	0
Yellow Mustard	1 PACKET	5	0	0	0	0	0	65	0	0	0	0
Hellmann's Mayo	EZ	45	40	4.5	0.5	0	< 5	40	0	0	0	0
	REG	90	80	9	1.5	0	10	75	0	0	0	0
	XTRA	110	100	11	1.5	0	10	105	0	0	0	0
Oil & Vinegar	EZ	10	10	1	0	0	0	15	0	0	0	0
	REG	20	20	2.5	0	0	0	25	0	0	0	0
	XTRA	40	45	5	0	0	0	50	0	0	0	0
Oregano-Basil	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	< 1	0	0	0
Caesar Dressing	EZ	30	30	3.5	0.5	0	< 5	90	0	0	0	0
	REG	60	60	7	1	0	< 5	180	< 1	0	0	0
	XTRA	130	120	14	2.5	0	10	350	2	0	< 1	< 1
Sliced Pickles	EZ	0	0	0	0	0	0	60	0	0	0	0
	REG	0	0	0	0	0	0	115	0	0	0	0
	XTRA	0	0	0	0	0	0	230	0	0	0	0
Onion	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	< 1	0	0	0
	XTRA	5	0	0	0	0	0	0	2	0	< 1	0
Jimmy Peppers®	EZ	0	0	0	0	0	0	45	0	0	0	0
	REG	0	0	0	0	0	0	85	0	0	0	0
	XTRA	0	0	0	0	0	0	170	< 1	< 1	0	0
Cucumber	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	< 1	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - LITTLE JOHNS (CONT.)												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Tomato	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	< 1	0	< 1	0
	XTRA	10	0	0	0	0	0	0	2	< 1	1	0
Lettuce	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	< 1	0	0	0
	XTRA	5	0	0	0	0	0	0	1	< 1	< 1	0
Mini Croutons	EZ	30	5	1	0	0	0	90	5	0	< 1	< 1
	REG	60	15	1.5	0	0	0	180	10	0	1	2
	XTRA	120	30	3	0	0	0	370	20	< 1	3	3
Ranch Seasoning	EZ	0	0	0	0	0	0	25	0	0	0	0
	REG	0	0	0	0	0	0	55	0	0	0	0
	XTRA	0	0	0	0	0	0	105	< 1	0	0	0
Red Pepper Flakes	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	0	0	0	0
Crispy Jalapeños	EZ	25	15	2	0	0	0	10	2	0	0	0
	REG	50	35	4	0	0	0	20	4	0	0	< 1
	XTRA	100	70	7	0.5	0	0	40	8	< 1	< 1	1
Jalapeño Ranch	EZ	25	20	2.5	0	0	< 5	60	0	0	0	0
	REG	50	45	5	0.5	0	< 5	120	0	0	0	0
	XTRA	100	90	10	1.5	0	10	240	< 1	0	< 1	< 1

FREEBIES - 8" FRENCH / UNWICH® / SLICED WHEAT / WRAPS												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Yellow Mustard	EZ	0	0	0	0	0	0	30	0	0	0	0
	REG	0	0	0	0	0	0	60	0	0	0	0
	XTRA	0	0	0	0	0	0	120	0	0	0	0
Yellow Mustard	1 PACKET	5	0	0	0	0	0	65	0	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - 8" FRENCH / UNWICH® / SLICED WHEAT / WRAPS (CONT.)												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hellmann's Mayo	EZ	110	100	11	1.5	0	10	105	0	0	0	0
	REG	160	150	16	2.5	0	15	150	0	0	0	0
	XTRA	280	250	28	4	0	30	250	0	0	0	0
Oil & Vinegar	EZ	20	20	2.5	0	0	0	25	0	0	0	0
	REG	40	45	5	0	0	0	50	0	0	0	0
	XTRA	80	90	10	0.5	0	0	100	0	0	0	0
Oregano-Basil	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	< 1	0	0	0
	XTRA	0	0	0	0	0	0	0	1	< 1	0	0
Caesar Dressing	EZ	60	60	7	1	0	< 5	180	< 1	0	0	0
	REG	130	120	14	2.5	0	10	350	2	0	< 1	< 1
	XTRA	250	250	27	5	0	20	700	4	0	2	2
Sliced Pickles	EZ	0	0	0	0	0	0	115	0	0	0	0
	REG	0	0	0	0	0	0	230	0	0	0	0
	XTRA	0	0	0	0	0	0	460	< 1	< 1	0	0
Onion	EZ	0	0	0	0	0	0	0	< 1	0	0	0
	REG	5	0	0	0	0	0	0	2	0	< 1	0
	XTRA	15	0	0	0	0	0	0	3	< 1	1	0
Jimmy Peppers®	EZ	0	0	0	0	0	0	85	0	0	0	0
	REG	0	0	0	0	0	0	170	< 1	< 1	0	0
	XTRA	5	0	0	0	0	0	340	1	1	0	0
Cucumber	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	< 1	0	0	0
	XTRA	0	0	0	0	0	0	0	1	0	< 1	0
Tomato	EZ	0	0	0	0	0	0	0	< 1	0	< 1	0
	REG	10	0	0	0	0	0	0	2	< 1	1	0
	XTRA	15	0	0	0	0	0	0	4	1	2	< 1
Lettuce	EZ	0	0	0	0	0	0	0	< 1	0	0	0
	REG	5	0	0	0	0	0	0	1	< 1	< 1	0
	XTRA	15	0	0	0	0	0	10	3	1	2	< 1

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - 8" FRENCH / UNWICH® / SLICED WHEAT / WRAPS												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Mini Croutons	EZ	60	15	1.5	0	0	0	180	10	0	1	2
	REG	120	30	3	0	0	0	370	20	< 1	3	3
	XTRA	240	60	6	0.5	0	0	730	39	1	5	6
Ranch Seasoning	EZ	0	0	0	0	0	0	55	0	0	0	0
	REG	0	0	0	0	0	0	105	<1	0	0	0
	XTRA	10	0	0	0	0	0	210	2	0	0	0
Red Pepper Flakes	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	0	0	0	0
Crispy Jalapeños	EZ	60	35	4	0	0	0	20	4	0	0	< 1
	REG	110	70	8	0.5	0	0	45	9	< 1	< 1	1
	XTRA	230	150	16	1.5	0	0	90	18	2	2	3
Jalapeño Ranch	EZ	50	45	5	0.5	0	< 5	120	0	0	0	0
	REG	100	90	10	1.5	0	10	240	< 1	0	< 1	< 1
	XTRA	200	180	20	3	0	20	490	2	0	2	2

FREEBIES - 16" FRENCH												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Yellow Mustard	EZ	0	0	0	0	0	0	60	0	0	0	0
	REG	0	0	0	0	0	0	120	0	0	0	0
	XTRA	0	0	0	0	0	0	240	0	0	0	0
Yellow Mustard	1 PACKET	5	0	0	0	0	0	65	0	0	0	0
Hellmann's Mayo	EZ	230	210	23	3.5	0	25	210	0	0	0	0
	REG	330	300	33	5	0	35	300	0	0	0	0
	XTRA	500	450	50	8	0	50	450	0	0	0	0
Oil & Vinegar	EZ	40	45	5	0	0	0	50	0	0	0	0
	REG	80	90	10	0.5	0	0	100	0	0	0	0
	XTRA	170	170	19	1.5	0	0	200	0	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - 16" FRENCH (CONT.)												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Oregano-Basil	EZ	0	0	0	0	0	0	0	< 1	0	0	0
	REG	0	0	0	0	0	0	0	1	< 1	0	0
	XTRA	10	0	0	0	0	0	0	2	1	0	0
Caesar Dressing	EZ	130	120	14	2.5	0	10	350	2	0	< 1	< 1
	REG	250	250	27	5	0	20	700	4	0	2	2
	XTRA	510	490	55	10	0	40	1410	8	0	4	4
Sliced Pickles	EZ	0	0	0	0	0	0	230	0	0	0	0
	REG	0	0	0	0	0	0	460	< 1	< 1	0	0
	XTRA	10	0	0	0	0	0	920	2	2	0	0
Onion	EZ	5	0	0	0	0	0	0	2	0	< 1	0
	REG	15	0	0	0	0	0	0	3	< 1	1	0
	XTRA	25	0	0	0	0	0	0	6	1	3	< 1
Jimmy Peppers®	EZ	0	0	0	0	0	0	170	< 1	< 1	0	0
	REG	5	0	0	0	0	0	340	1	1	0	0
	XTRA	10	0	0	0	0	0	690	2	2	0	0
Cucumber	EZ	0	0	0	0	0	0	0	< 1	0	0	0
	REG	0	0	0	0	0	0	0	1	0	< 1	0
	XTRA	10	0	0	0	0	0	0	2	0	1	0
Tomato	EZ	10	0	0	0	0	0	0	2	< 1	1	0
	REG	15	0	0	0	0	0	0	4	1	2	< 1
	XTRA	35	0	0	0	0	0	10	7	2	5	2
Lettuce	EZ	5	0	0	0	0	0	0	1	< 1	< 1	0
	REG	15	0	0	0	0	0	10	3	1	2	< 1
	XTRA	30	0	0	0	0	0	20	6	2	4	2
Mini Croutons	EZ	120	30	3	0	0	0	370	20	< 1	3	3
	REG	240	60	6	0.5	0	0	730	39	1	5	6
	XTRA	480	110	13	1	0	0	1470	78	2	10	12
Ranch Seasoning	EZ	0	0	0	0	0	0	75	< 1	0	0	0
	REG	5	0	0	0	0	0	150	1	0	0	0
	XTRA	10	0	0	0	0	0	300	2	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

FREEBIES - 16" FRENCH (CONT.)												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Red Pepper Flakes	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	0	0	0	0
Crispy Jalapeños	EZ	100	70	7	0.5	0	0	40	8	< 1	< 1	1
	REG	210	130	15	1	0	0	80	17	2	1	2
	XTRA	420	270	30	2.5	0	0	160	33	3	3	5
Jalapeño Ranch	EZ	100	90	10	1.5	0	10	240	< 1	0	< 1	< 1
	REG	200	180	20	3	0	20	490	2	0	2	2
	XTRA	390	350	39	6	0	40	980	4	0	4	4

BREAKFAST MENU ITEMS - AVAILABLE AT SELECT LOCATIONS ONLY											
	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham, Egg & Cheese Breakfast Sandwich	440	170	19	6	0	165	1280	37	2	1	27
Bacon, Egg & Cheese Breakfast Sandwich	430	200	22	7	0	145	860	35	2	0	20
Vito, Egg & Cheese Breakfast Sandwich	490	220	24	9	0	190	1610	36	2	1	29
Coffee (12 Oz) - Regular	0	0	0	0	0	0	5	0	0	0	0
Coffee (12 Oz) - Decaf	0	0	0	0	0	0	5	0	0	0	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

BREAKFAST MENU ITEM INGREDIENTS - AVAILABLE AT SELECT LOCATIONS ONLY												
	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
4" French Bread	EACH	180	10	1	0	0	0	350	33	2	0	7
Mayo - Breakfast Sandwich Portion	EZ	20	20	2	0	0	< 5	20	0	0	0	0
	REG	40	35	4	0.5	0	< 5	35	0	0	0	0
	XTRA	80	70	8	1	0	10	75	0	0	0	0
Ham - Breakfast Sandwich Portion	EZ	35	10	1	0	0	15	330	1	0	< 1	6
	REG	70	15	1.5	0.5	0	30	660	2	0	1	11
	XTRA	140	35	3.5	1	0	55	1330	5	0	2	23
Bacon - Breakfast Sandwich Portion	EZ	30	25	2.5	1	0	< 5	120	0	0	0	2
	REG	60	45	4.5	2	0	10	240	0	0	0	5
	XTRA	150	120	12	5	0	25	600	0	0	0	12
Salami & Capocollo - Breakfast Sandwich Portion	EZ	80	50	5	2.5	0	30	520	< 1	0	< 1	7
	REG	160	100	11	5	0	60	1030	2	0	1	14
	XTRA	320	210	22	10	0	120	2070	3	0	2	27
Provolone Cheese - Breakfast Sandwich Portion	EZ	30	20	2.5	1.5	0	5	60	0	0	0	2
	REG	60	40	4.5	2.5	0	10	120	0	0	0	4
	XTRA	120	80	9	5	0	25	240	< 1	0	0	8
Fried Egg Patty	EZ	45	35	4	1	0	60	55	< 1	0	0	2
	REG	90	70	8	1.5	0	120	105	1	0	0	5
	XTRA	190	140	15	3.5	0	240	210	2	0	0	10
Black Pepper	EZ	0	0	0	0	0	0	0	0	0	0	0
	REG	0	0	0	0	0	0	0	0	0	0	0
	XTRA	0	0	0	0	0	0	0	0	0	0	0

LIMITED TIME OFFER ITEMS - HOT SANDWICHES – 8" French											
Sandwich	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Roast Beef & Cheddar	1080	480	54	12	0	140	2340	87	7	5	55
Chicken Bacon Ranch	980	460	50	14	0	115	2300	74	6	4	46
Meatball Marinara	850	360	38	15	1	90	1980	80	7	4	41

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

LIMITED TIME OFFER INGREDIENTS - HOT SANDWICHES – 8" French												
LTO Only Ingredients	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Meatballs	EZ	150	110	12	4.5	0	30	380	3	< 1	0	8
	REG	310	220	24	9	1	60	770	6	1	< 1	17
	XTRA	620	440	48	19	1.5	120	1540	12	2	2	33
Marinara	EZ	15	5	0	0	0	0	95	2	0	1	0
	REG	30	15	0	0	0	0	190	3	< 1	2	< 1
	XTRA	60	25	0	0	0	0	370	7	1	4	1
Oil & Vinegar	EZ	10	10	1	0	0	0	15	0	0	0	0
	REG	20	20	2.5	0	0	0	25	0	0	0	0
	XTRA	40	45	5	0	0	0	50	0	0	0	0
Oregano & Basil	EZ	0	0	0	0	0	0	0	< 1	< 1	0	0
	REG	10	0	0	0	0	0	0	2	1	0	0
	XTRA	15	0	0	0	0	0	0	4	3	0	< 1
Mozzarella Cheese, Sliced	EZ	60	40	4.5	2.5	0	15	150	1	0	0	5
	REG	130	80	9	5	0	30	290	2	0	< 1	10
	XTRA	260	160	17	10	0.5	55	590	5	0	2	21
Ranch Seasoning	EZ	0	0	0	0	0	0	45	0	0	0	0
	REG	0	0	0	0	0	0	85	< 1	0	0	0
	XTRA	5	0	0	0	0	0	170	1	0	0	0
Sliced Cheddar Cheese	EZ	90	60	7	4.5	0	20	130	0	0	0	5
	REG	170	130	14	9	0	45	260	< 1	0	0	11
	XTRA	340	250	28	18	0	90	530	1	0	0	21
Horseradish Sauce	EZ	45	40	4	0	0	< 5	130	1	0	< 1	0
	REG	90	80	8	0	0	10	260	3	0	2	0
	XTRA	180	150	17	0	0	15	510	5	< 1	3	< 1
Crispy Fried Onions	EZ	80	50	6	0	0	0	35	7	0	< 1	< 1
	REG	170	100	11	1	0	0	70	15	< 1	1	2
	XTRA	330	200	22	1.5	0	0	135	29	2	3	3

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

LIMITED TIME OFFER ITEMS - HOT SANDWICHES – 16" French											
Sandwich	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Roast Beef & Cheddar	2160	960	108	24	0	280	4680	175	13	11	111
Chicken Bacon Ranch	1960	910	100	28	0.5	225	4610	150	12	8	92
Meatball Marinara	1700	710	75	29	2.5	175	3970	161	15	8	83

LIMITED TIME OFFER INGREDIENTS - HOT SANDWICHES – 16" French												
LTO Only Ingredients	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Meatballs	EZ	310	220	24	9	1	60	770	6	1	< 1	17
	REG	620	440	48	19	1.5	120	1540	12	2	2	33
	XTRA	1240	870	97	38	3.5	240	3070	24	5	3	67
Marinara	EZ	30	15	0	0	0	0	190	3	< 1	2	< 1
	REG	60	25	0	0	0	0	370	7	1	4	1
	XTRA	110	50	0	0	0	0	750	14	2	8	2
Oil & Vinegar	EZ	20	20	2.5	0	0	0	25	0	0	0	0
	REG	40	45	5	0	0	0	50	0	0	0	0
	XTRA	80	90	10	0.5	0	0	100	0	0	0	0
Oregano & Basil	EZ	10	0	0	0	0	0	0	2	1	0	0
	REG	15	0	0	0	0	0	0	4	3	0	< 1
	XTRA	30	0	0.5	0	0	0	0	8	5	0	1
Mozzarella Cheese, Sliced	EZ	130	80	9	5	0	30	290	2	0	< 1	10
	REG	260	160	17	10	0.5	55	590	5	0	2	21
	XTRA	520	320	35	20	1	110	1170	10	0	3	42
Ranch Seasoning	EZ	0	0	0	0	0	0	75	< 1	0	0	0
	REG	5	0	0	0	0	0	150	1	0	0	0
	XTRA	10	0	0	0	0	0	300	2	0	0	0
Sliced Cheddar Cheese	EZ	170	130	14	9	0	45	260	< 1	0	0	11
	REG	340	250	28	18	0	90	530	1	0	0	21
	XTRA	690	510	56	36	0	180	1060	2	0	< 1	42
Horseradish Sauce	EZ	90	80	8	0	0	10	260	3	0	2	0
	REG	180	150	17	0	0	15	510	5	< 1	3	< 1
	XTRA	360	300	34	0	0	30	1030	11	1	7	1
Crispy Fried Onions	EZ	170	100	11	1	0	0	70	15	< 1	1	2
	REG	330	200	22	1.5	0	0	135	29	2	3	3
	XTRA	670	400	45	3.5	0	0	270	58	3	5	6

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

LIMITED TIME OFFER ITEMS											
Sandwich	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Mediterranean Chicken Wrap	760	340	38	9	0	60	2030	69	7	7	37
Mediterranean Chicken Wrap – Unwich®	460	270	30	7	0	60	1360	21	6	5	29
Mediterranean Veggie Wrap	650	310	34	8	0	10	1460	68	7	6	18
Mediterranean Veggie Wrap – Unwich®	350	230	26	5	0	10	780	20	6	5	11
Side of Hummus	110	70	8	1.5	0	0	190	6	2	0	3
Pita Chips	170	10	1	0	0	0	110	34	1	0	6
Parmesan Garlic Chicken Wrap	850	500	56	13	0	90	2230	58	4	7	28
Parmesan Garlic Chicken Wrap – Unwich®	570	430	48	9	0	90	1670	11	2	6	21
Buffalo Chicken Wrap	760	420	47	11	0	85	2450	56	4	6	28
Buffalo Chicken Wrap – Unwich®	480	350	39	7	0	85	1880	9	2	5	20
Asian Zing Wrap	810	410	45	10	0	80	2130	72	4	21	28
Asian Zing Wrap – Unwich®	520	330	37	7	0	80	1570	25	2	20	20
Sweet Hot Honey Wrap	670	300	33	10	0	75	1540	51	2	10	31
Sweet Hot Honey Wrap – Unwich®	390	230	25	6	0	75	970	3	<1	9	24
Hot Honey Buffalo Chicken Wrap	690	300	33	10	0	75	2110	64	3	15	32
Hot Honey Buffalo Chicken Wrap – Unwich®	400	230	25	6	0	75	1540	17	1	14	24
Minute Maid Premium Lemonade Classic Style 22oz	260	0	0	0	0	0	45	67	0	64	0
Minute Maid Premium Lemonade Classic Style 30 oz	350	0	0	0	0	0	65	92	0	87	0
Minute Maid Premium Strawberry Lemonade 22 oz	280	0	0	0	0	0	45	72	0	68	0
Minute Maid Premium Strawberry Lemonade 30 oz	380	0	0	0	0	0	60	98	0	93	0

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024

JIMMY JOHN'S®
NUTRITION INFORMATION

LIMITED TIME OFFER INGREDIENTS

LTO Only Ingredients	Portion	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Olive Tapenade	EZ	40	35	4	0	0	0	95	<1	0	0	0
	REG	80	70	8	1	0	0	190	2	<1	0	0
	XTRA	150	140	15	1.5	0	0	380	3	2	0	0
Feta Cheese	EZ	30	15	1.5	1	0	5	140	<1	0	0	2
	REG	60	30	3	2	0	10	280	2	0	<1	5
	XTRA	110	60	6	4	0	25	550	3	0	2	10
Red Pepper Hummus	EZ	70	45	5	1	0	0	125	4	1	0	2
	REG	140	90	10	2	0	0	250	8	2	0	4
	XTRA	280	180	20	4	0	0	510	16	4	0	8
Mike's Hot Honey Sauce	EZ	20	0	0	0	0	0	0	0	0	4	0
	REG	40	0	0	0	0	0	0	0	0	8	0
	XTRA	80	0	0	0	0	0	0	0	0	16	0
Hot Honey Buffalo Sauce	EZ	30	0	0	0	0	0	280	7	0	6	0
	REG	60	0	0	0	0	0	570	14	0	13	0
	XTRA	110	5	0.5	0	0	0	1140	28	<1	25	0
Buffalo Wild Wings Asian Zing Sauce	EZ	35	0	0	0	0	0	230	8	0	8	0
	REG	70	0	0	0	0	0	450	16	0	15	0
	XTRA	140	0	0	0	0	0	900	33	<1	30	<1
Buffalo Wild Wings Parmesan Garlic Sauce	EZ	60	50	6	1	0	5	280	1	0	<1	<1
	REG	110	100	11	2	0	10	550	3	0	1	1
	XTRA	230	200	22	4	0	20	1100	5	<1	2	2
Buffalo Wild Wings Medium Buffalo Sauce	EZ	10	10	1	0	0	<5	380	0	0	0	0
	REG	20	20	2	0	0	<5	770	<1	0	0	0
	XTRA	45	35	4	0.5	0	10	1530	2	<1	0	0
Firecracker Chips	EZ	35	20	2	0	0	0	35	4	0	<1	0
	REG	70	40	4.5	1	0	0	70	9	<1	1	<1
	XTRA	150	80	9	1.5	0	0	140	17	1	2	2

SEASONAL ADD-ONS

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Confetti Cookie Sandwich	440	180	20	10	0	10	320	65	0	44	2
Firecracker Chips	290	153	17	3	0	0	280	34	2	4	3

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. NUTRITION INFORMATION ALSO AVAILABLE ON JIMMYJOHNS.COM

MENU ITEMS VARY BY LOCATION ©2023 JIMMY JOHN'S FRANCHISOR SPV, LLC. ALL RIGHTS RESERVED. 2023_767224

Effective 07.22.2024